

**Standard qualifications:**

A qualification which meets at least level 8 (post-graduate) of an NZQA recognised course of study or its equivalent which includes in its content::

- assessment, classification and formulation
- abnormal psychology
- skills in two or more models of therapeutic intervention
- human development
- knowledge and skills in the use of psychometric tools (if using psychometrics)

**or Specified equivalent qualification:**

Providers with a level 7 qualification otherwise meeting the standard qualifications will be accepted where the following additional criteria must also be met:

- The therapist has achieved the New Zealand Association of Psychotherapists (Inc) Advanced Clinical Practice qualification.

**Full experience:**

- A minimum of two years full-time post-graduate experience working in mental health (not including clinical placements and internships), and
- Able to demonstrate experience in working with survivors of sexual abuse with this experience having been obtained or maintained in the last five years, and
- Participation in relevant workshops, seminars and conferences, and
- Where applicable, be able to demonstrate knowledge of, and competency in using at least one of the following classification systems:

- *Diagnostic and Statistical Manual of Mental Disorders – Fourth Edition – Text Revision (DSM-IV-TR) or DSM-V*
- *International Classification of Diseases – 10<sup>th</sup> Revision (ICD-10)*
- *Psychodynamic Diagnostic Manual (PDM)*
- *Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood – Revised (DC:0-3R)*

*Such classification systems may be used in isolation or in combination with multivariate statistical and psychometric approaches*

**or Provisional requirements where full experience requirements are not able to be met:**

- Must be able to demonstrate qualification requirements (either standard or specified equivalency), and
- Have at least the equivalent of 12 months full-time post-graduate experience working in mental health (not including clinical placements and internships), and
- Obtaining on the job training to gain or to update your experience working directly with survivors of sexual abuse or sexual assault.
- Engage in further professional development with specific relevance to working with survivors of sexual abuse, where recent professional development is not thought to be sufficient.

**Specific supervision requirements for provisional providers:**

- Have arrangements in place for ongoing supervision with an appropriately qualified and experienced supervisor who has experience treating and assessing survivors of sexual abuse and sexual assault, including experience in ACC mental injury assessments, and
- The therapist's supervisor provides a letter of support from their supervisor indicating that, in the opinion of their supervisor, the applicant (therapist's supervisor) has sufficient skills and competencies to work with provisional providers, and
- Discuss all cases with the supervisor prior to and following the assessment, and
- Engage in fortnightly one on one supervision with the supervisor, and
- Maintain a supervision log which outlines the cases discussed and provides a summary of issues and recommendations for each case, and
- Have each assessment report read and signed by the supervisor, and
- Complete 20 assessments/reports over a minimum 12-month period, and
- A final supervision report from the supervisor will be required by ACC once the full requirements to be accredited on the contract have been met.

Registered under the Health Practitioners Competence Assurance Act 2003 (if relevant)